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BER and outage throughput analysis of DPIM/DHPIM coded QPSK-OFDM based outdoor optical wireless communications

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With the growing demand for fast and reliable communication systems, particularly in outdoor environments, it is essential to investigate advanced encoding techniques. Digital Pulse Interval Modulation (DPIM) and Dual Header Pulse Interval Modulation (DHPIM) emerge as promising alternatives to traditional line coding methods, providing enhanced spectral efficiency and resistance to signal disruptions. This paper presents the performance of a Quadrature Phase-Shift Keying (QPSK) Orthogonal Frequency Division Multiplexing (OFDM)-based Optical Wireless Communication (OWC) system using these advanced encoding schemes. The analysis includes simulation results on QPSK-OFDM-based transmitter design, free space optical channel modeling based on Gaussian and log-normal distribution atmospheric turbulence, and recovery of input digital stream using the mentioned line coding techniques. The results demonstrate optimal bit error rate (BER) values for the QPSK-OFDM-based OWC system. The primary innovation of this research lies in the encoding schemes and their performance in outdoor optical wireless communication systems under turbulent conditions. Through extensive simulations and analysis, detailed insights into the bit error rate and outage throughput characteristics of DPIM/DHPIM coded QPSK-OFDM are provided, offering a unique perspective on the performance of these schemes in real-world scenarios. The findings not only highlight the optimal BER values achievable with the QPSK-OFDM-based OWC system but also offer insights into the system's ability to overcome transmission challenges under various atmospheric conditions.

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1. Introduction

The mushroom growth in the number of mobile devices has led to an increase in demand for capacity in cellular and wireless local area networks [\(Shafiq](#page-4-0) [et al., 2022\)](#page-4-0). The interconnection between billions of devices has triggered a quest for unexplored resources with regard to the radio frequency (RF)

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spectrum. Optical wireless communication (OWC) is viewed as a potential substitute for conventional RF communication systems due to its key attributes, including low cost, high security, license-free nature, potentially large bandwidth, and is not affected by electromagnetic radiation [\(Giggenbach and Shrestha,](#page-4-0) [2022;](#page-4-0) [Wang et al., 2017\)](#page-4-0). The key challenge with regard to OWC is to deal with the channel impairments such as atmospheric turbulence [\(Padhy](#page-4-0) [and Patnaik, 2021;](#page-4-0) Arshad [et al., 2020; Escribano et](#page-4-0) [al., 2020\)](#page-4-0) and scintillation effects [\(Bosu and Prince,](#page-4-0) [2019; Shafi et al., 2024; Shaikh et al., 2012; Ali et al.,](#page-4-0) [2023\)](#page-4-0).

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Atmospheric turbulences are characterized by different types of distribution functions [\(Kaimin et](#page-4-0) [al., 2015;](#page-4-0) Aladeloba [et al., 2012\)](#page-4-0). The OWC link

affected by log-normal turbulence based on the weighted product of two correlated random variables is presented in [Yang et al. \(2017\).](#page-4-0) Bit error rate performance of intensity modulation and direct detection (IM/DD)-orthogonal frequency division modulation (OFDM) based OWC system under Gaussian turbulence is analyzed in [Tsonev et al.](#page-4-0) [\(2013\).](#page-4-0) Recently, modulation schemes such as digital pulse interval modulation (DPIM) and dual header pulse interval modulation (DHPIM) modulation schemes have been recommended for OWC systems [\(Arain et al., 2017\)](#page-4-0).

In this paper, DPIM and DHPIM are utilized as encoding techniques to implement the quadrature phase shift keying (QPSK)-(OFDM) encoded OWC system. The benefit of variable length of DPIM and DHPIM schemes is augmented by combining it with the robustness of interleaving characteristics of the OFDM symbol. The bit error rate (BER) performance of the proposed system is evaluated by considering atmospheric turbulence as a channel impairment. The Novelty of this study is the usage of the encoding schemes for QPSK-OFDM-based OWC systems under turbulent environments. To the best of the author's knowledge, the analysis of DPIM/DH-PIM encoded

QPSK-OFDM based FSO channel under a turbulent environment has been presented for the very first time in this paper.

2. System model

The transmitter and receiver design for the proposed DHPIM/DPIM encoded QPSK-OFDM-based OWC system is shown in [Fig. 1.](#page-1-0) The transmitter encodes source bits by using either the DHPIM or the DPIM technique. The encoded bit stream is fed into a serial-to-parallel conversion block to be converted into the individual lower data rate parallel streams. These parallel data streams are modulated by a QPSK modulator and later mapped to OFDM frequency bins [\(Moussa et al., 2013\)](#page-4-0). These frequency bins pass through an inverse fast Fourier transform (IFFT) block to perform frequency-to-time domain conversion. To avoid inter-symbol interference (ISI), a cyclic prefix is appended to the OFDM symbol. The time domain symbol is then transmitted through the OWC channel, where the signal suffers from atmospheric turbulence.

Fig. 1: Block diagram of DPIM/DHPIM QPSK OFDM transmitter

In [Fig. 1,](#page-1-0) the receiver is implemented by passing the received signal through the blocks in reverse order to that of the transmitter, except for channel equalization**,** which is performed prior to demodulation.

3. Turbulence channel models

Atmospheric turbulence distribution is an important feature to characterize the OWC channel. This turbulence is mainly caused by temperature and refractive index variations observed in the path between the free space optics (FSO) transmitters and the receiver. The amplitude variations caused by atmospheric turbulence vary up to 10 dB, which leads to an increase in the probability of error [\(Wang](#page-4-0) [et al., 2017\)](#page-4-0). In this research work, Gaussian and lognormal models [\(Ghassemlooy](#page-4-0) et al., 2019) are used as turbulence models. When initiating a new concept or setup, these models are widely accepted and used in the literature. Gaussian models are used for moderate turbulence conditions. On the other hand, log-normal models are preferable for stronger turbulence models. By implementing both those models in the proposed QPSK-OFDM-based optical wireless network, a broader range of atmospheric conditions are tested that may encountered by the outdoor optical wireless communication systems in the real world environment. The probability density function (PDF) of Gaussian atmospheric turbulence follows a normal distribution with $(\mu = 0, \sigma^2)$ is defined as:

$$
f_{LN}(x;\mu,\sigma^2) = \frac{1}{\sigma\sqrt{2\pi}}e^{\frac{(x-\mu)^2}{2\sigma^2}}
$$
(1)

The distribution of log-normal atmospheric turbulence is given i[n Epple \(2010\)](#page-4-0) as:

$$
f_{LN}(x; \mu, \sigma^2) = \frac{1}{x\sqrt{2\pi\sigma}} e^{\frac{(\ln(x) - \mu^2)^2}{2\sigma^2}}
$$
(2)

where, *x* denotes the coefficient of log-normal distribution with mean μ and standard deviation σ^2 . This σ is a function of the Rytov parameter σ_{eff} as reported i[n Khandakar et al.](#page-4-0) (2018):

$$
\sigma = \exp\left(\frac{0.49\sigma_{eff}^2}{\left(1+1.11\sigma_{eff}^{12/3}\right)^{7/6}} + \frac{0.51\sigma_{eff}^2}{\left(1+0.69\sigma_{eff}^{17/5}\right)^{5/6}}\right) - 1\tag{3}
$$

The σ_{eff} determines the strength of the turbulence and defined by [Guo et al. \(2019\)](#page-4-0) as:

$$
\sigma_{eff} = 1.23 C_n^2 k^{7/6} L^{11/6} \tag{4}
$$

where, C_n is the scintillation index, $k = \frac{2\pi}{\lambda}$ $\frac{\pi}{\lambda}$ is the wavenumber of the optical wavelength and L is propagate $\sigma_{eff} > 1$ in length.

The turbulence is considered as strong when $\sigma_{eff} > 1$. In case of $\sigma_{eff} < 1$, the turbulence effect is weak. Channel capacity or transmission capacity of DPIM/DPHIM encoded QPSK-OFDM OWC systems can be deduced using conventional Shanon's capacity relation [\(Bi and Tang, 2019\)](#page-4-0) to provide transmission bandwidth for a specific set of OWC transceivers. Furthermore, outage capacity normalized with transmission capacity or loss in spectral efficiency can be deduced as in Eq. 5 using the approaches implemented in [Sharma et al. \(2023\).](#page-4-0)

$$
U = log_2(1+\gamma)B_{err}
$$
 (5)

In Eq. 5, *U* shows outage capacity in terms of bits per second per hertz, while γ and B_{err} are average signal-to-noise ratio and bit error rate, respectively.

4. Simulation results

In this section, we present the performance analysis of the proposed DHPIM/DPIM encoded QPSK-OFDM-based OWC system. All the simulations were performed by using MATLAB 2013 software. The transmitter, receiver, and system parameters are obtained from the specifications of practical systems [\(Elsayed et al., 2022\)](#page-4-0), as shown in [Table 1.](#page-2-0) In this section, the BER of DPIM encoded OWC system is affected by Gaussian and log-normal turbulences, as shown in [Fig. 2a](#page-3-0) and [Fig. 2b,](#page-3-0) respectively. The Gaussian and log-normal turbulences are characterized by their respective PDFs with variance denoted by σ^2 . The value of depends on the temperature and refractive index variations observed in the OWC.

In [Fig. 2a,](#page-3-0) BER versus Eb/No is plotted for the system affected by Gaussian turbulence at different values of σ^2 . It can be seen that as variance increases, the BER also increases. These results help quantify the impact of temperature and refractive index variations on the OWC. Moreover, to achieve a

particular threshold τ of BER, lower energy per bit is required for lower values of σ^2 . For example, at the BER threshold τ =10⁻², the required energy per bit is 2.5dB for σ^2 =0.3, but this required energy per bit increases up to 7 dB for σ^2 =0.9. Similar results are shown for log-normal turbulence in [Fig. 2b.](#page-3-0) Furthermore, the comparison of Gaussian turbulence with log-normal turbulence reveals that to achieve τ =10⁻², the energy per bit requirement in case of lognormal turbulence is higher than Gaussian turbulence.

In [Fig. 2a,](#page-3-0) BER versus Eb/No is plotted for the system affected by Gaussian turbulence at different values of σ^2 . It can be seen that as variance increases, the BER also increases. These results help quantify the impact of temperature and refractive index variations on the OWC. Moreover, in order to achieve a particular threshold " τ " of BER, lower energy per bit is required for lower values of σ^2 . For example, at the BER threshold τ =10⁻², the required energy per bit is 2.5dB for σ^2 =0.3, but this required energy per bit increases up to 7 dB for σ^2 =0.9. Similar results are shown for log-normal turbulence in [Fig. 2b.](#page-3-0) Furthermore, the comparison of Gaussian turbulence with log-normal turbulence reveals that to achieve τ =10⁻², the energy per bit requirement in the case of log-normal turbulence is higher than in Gaussian turbulence.

BER of DHPIM encoded OWC system affected by Gaussian and log-normal turbulence is shown in [Fig.](#page-3-1) [3a](#page-3-1) and [Fig. 3b,](#page-3-1) respectively. The comparison of Gaussian and log-normal turbulences exhibit similar behavior as observed for the case of DPIM, i.e., the system affected by log-normal turbulence requires higher energy per bit to achieve the same τ for both encoding schemes. The DHPIM encoded QPSK-OFDM shows different BER performance for log-normal turbulence than DPIM encoding. For example, if the BER threshold $\tau=10^{-4}$ and $\sigma^2=0.3$, the required energy per bit is 7 dB in the case of DHPIM, but this required energy per bit is around 6.5 dB for DPIM.

The outage throughput in terms of bps/Hz is shown for DPIM-encoded OWC systems affected by Gaussian and log-normal turbulences in [Fig. 4a](#page-3-2) and [Fig. 4b,](#page-3-2) respectively. For a fixed value of SNR, the loss in throughput is higher if variance is increased. This relative increase in outage throughput with increased variance is higher in log-normal turbulence. For instance, the value of the outage throughput is increased from 0.9 to 0.4 bps/Hz in Gaussian turbulence, while for a similar value of SNR, this increase is from 0.16 to 0.38 bps/Hz. The comparison of Gaussian and log-normal turbulences

exhibit similar effects on the outage throughput of DHPIM encoded QPSK-OFDM OWC systems behavior

as observed for the case of DPIM as shown in [Fig. 5a](#page-4-1) and [Fig. 5b,](#page-4-1) respectively.

a b **Fig. 2:** BER performance of DPIM for the proposed encoded scheme over turbulence models (a) Gamma turbulence, (b) Lognormal turbulence

Fig. 3: BER performance of DHPIM for the proposed encoded scheme over turbulence models (a) Gamma turbulence, (b) Lognormal turbulence

a b **Fig. 4:** Outage throughput performance of DPIM for the proposed encoded scheme over turbulence models (a) Gaussian turbulence, (b) Log-normal turbulence

Fig. 5: Outage throughput performance of DHPIM for the proposed encoded scheme over turbulence models (a) Gaussian turbulence, (b) Log-normal turbulence

5. Limitations and future work

The proposed research has some limitations, particularly in addressing certain aspects of specific outdoor environments. Additionally, the findings may not apply broadly to other environmental scenarios. Further analysis should include additional performance parameters. Future research could involve incorporating more turbulence models and conducting experimental validations. Performance optimization and more robust analyses using different coding schemes could also be explored. Another area for future work is to integrate the proposed coding system with machine learningbased adaptive signal processing and free-space optical beamforming techniques.

6. Conclusions

This paper presents a BER analysis for DPIM/DHPIM encoded QPSK-OFDM in an Optical Wireless Communication (OWC) system. To account for the impact of atmospheric turbulence on the OWC channel, Gaussian and log-normal turbulence models are applied. The findings show that, for both DPIM and DHPIM encoding, QPSK-OFDM transmitters require higher energy per bit under lognormal turbulence than Gaussian turbulence to achieve the same BER. These results can guide the required energy per bit to meet specific BER targets. The study also examines the loss in spectral efficiency through outage throughput, measured as bits per second per unit hertz. It is shown that for both DHPIM and DPIM systems, outage throughput increases as the variance of Gaussian and log-normal turbulences rises, with this improvement corresponding to an increase in signal-to-noise ratio.

Compliance with ethical standards

Conflict of interest

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

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